|  |  |
| --- | --- |
| 1,000 micrograms (mcg) =1 milligram (mg) | 1 milliliter (mL) = 1 cubic centimeter (cc) |
| 1,000 grams (G) = 1 kilogram (kg) | 1 teaspoon (tsp) = 5 milliliters (mL) |
| 1,000 milligrams (mg) = 1 gram (G) | 1,000 milliliters (mL) = 1 liter (L) |
| 2.2 pounds (lbs) = 1 Kilogram (kg) | 3 teaspoons (tsp) = 1 tablespoon (Tbsp) |
| 30 milliliters (mL) = 1 ounce (oz) | 1 tablespoon (Tbsp) = 15 milliliters (mL) |
|  | 2 tablespoons (Tbsp) = 1 ounce (oz) |

Dosage & Calculations Metric Table

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